

Bishop Ahr High School

Softball Camp

Date: July 28 – 30, 2009

Hours: 9:00 AM – 3:00 PM

Place: Bishop Ahr High School
1 Tingley Lane
Edison, N.J. 08820

Grades: 6 – 9 (as of Sept. 2009)

Cost: \$100 (Includes Camp T-shirt)

Deadline: July 15, 2009

Equipment: Cleats, Sneakers (for the gym), glove, sunscreen, water bottle, lunch, bat (optional)

For more information please call Missy Magyar (Camp Director) at (732) 742-1263 or mmagyar@bgahs.org.

Camp Goals:

The goal of the Bishop Ahr Softball Camp is to provide each camper with the opportunity to develop her skills in a relaxed and fun atmosphere. Campers are grouped by age/experience level. Controlled scrimmages in the afternoon give the players a chance to work on the skills they reviewed in the morning sessions.

Program Contents:

Base Running/Sliding
Rules Review
Bunting
The Complete Softball Swing
Throwing Mechanics
Fielding
Position Play
Game Strategies

* Prizes will be awarded to Contest Winners

BISHOP AHR SOFTBALL CAMP APPLICATION

Camper: _____

Age: _____ Grade (Sept. 09): _____

Phone #: _____

Street Address: _____

City: _____ Zip: _____

School attending Sept. 2009: _____

T-Shirt Size: _____ Email Address: _____

Liability Release

We the undersigned, as parent or guardian of _____ ask that she be admitted to the Bishop Ahr Softball Camp and agree to relieve Bishop Ahr High School and the camp staff of liability in regards to any injury or accident that may occur due to her participation in camp.

Parent/Guardian Signature: _____

Please note any medical information/restrictions:

*Please make checks payable to ***Bishop Ahr High School*** and send with completed form to:

Missy Magyar
156 Winding Road
Iselin, NJ 08830